

Step and Connect Calendar

	Tuesday	Wednesday	Thursday
9.00am		<u>Balwyn</u> Community Centre Weekly walk	
9.30am	<u>Mooroolbark</u> Community House Weekly walk		<u>Lilydale</u> Community House Weekly walk
10.00am	<u>Mt Evelyn</u> Community House Weekly walk	<u>Seville</u> Community House Weekly walk	<u>Selby</u> Community House Weekly walk
10.30am		<u>Olinda</u> Community House Weekly walk	
5.30pm			<u>Lillydale Lake</u> Weekly walk

Come and join our Social Walking groups hosted in partnership with Community Houses across the Yarra Ranges and Boroondara local government areas. Groups are relaxed and welcoming. Enjoy a cuppa and chat afterwards.

What to wear: Comfy shoes and clothes. Bring a hat if it's hot and jacket if cold.

Contact health.promotion@accesshc.org.au for more information.

