



# Active April

Move in  
ways that  
suit you

April 7th - 27th 2025

Loads of free or low cost events for all abilities, ages and families.

Come and join us for Active April in the beautiful Yarra Ranges. From local walks, soccer fun, BMX events, dance, and Library Storytime sessions, we have a wide range of events for all age groups and abilities to enjoy.

Gather your crew together and take part in our Walk Yarra Ranges challenge. Let's see how far we can travel together over the month. Weekly leaderboard updates.

For more information or to download resources, head to the Inspiro blog page via the QR code or

<https://inspiro.org.au/news/get-active-in-the-yarra-ranges-during-april/>

Registration required for some events.

Links are provided in the Event Calendar on page 2 or available on the blog.

Prizes to be won throughout the month.



## Sunday 30th March FREE ACTIVE APRIL Launch event

Explore the glorious Yarra Rail Trail as we launch into Active April 2025. Join us for a walk, run, stroll or scooter. All ages, abilities and fitness levels welcome.

- **Time:** 9.30am
- **Location:** Meet in Melba Park to walk along the Yarra Trail
- **Registration:** <https://www.trybooking.com/events/landing/1361670>

Proudly brought to you in collaboration with Mother Runner, Running Company Lilydale and the Kindred Warrior Yoga.

Spot prizes and giveaways on the day. Scavenger hunt for the kids.

# Event Calendar



## April 7th - 13th (Week 1 School Holidays)

|         | Monday 7th  | Tuesday 8th  | Wednesday 9th  | Thursday 10th   | Friday 11th   | Saturday 12th<br>Sunday 13th   |
|---------|---|--|--|---|---|--|
| Day     | <b>9.30am:</b> Pickle Ball, All ages. Yarra Centre.<br><br><b>10am:</b> Let's make playdough. Ages 2 - 5 Seville. <a href="#">Click here</a><br><br><b>11am:</b> Boxing Bootcamp. Teen Girls. Monbulk Aquatic Centre \$5. | <b>9.30am:</b> Women's Walking group. Mooroolbark<br><br><b>10am:</b> Scavenger Hunt Lillydale Lake. Family event. <a href="#">Click here</a><br><br><b>10am:</b> Ruccis Circus 3-8 yrs. <a href="#">Click here</a><br><br><b>10am:</b> MotherRunner walking/run group. Mt Evelyn<br><br><b>12.15pm:</b> Tai Chi. Yarra Centre.<br><br><b>2pm:</b> Dance Storytime, Mooroolbark Library. | <b>9am:</b> Heart Foundation Walk, Yarra Centre.<br><br><b>10am:</b> Scavenger Hunt Birdslan. Family. <a href="#">Click here</a><br><br><b>10am:</b> Soccer. Mooroolbark Soccer. 5 - 14 years. <a href="#">Click here</a><br><br><b>10am:</b> Gardening Club Japara House. All welcome<br><br><b>12.30pm:</b> Heart Foundation Walk at Rhododendron Gardens, Olinda. | <b>10am:</b> Scavenger Hunt Queens Park Healesville. Family. <a href="#">Click here</a><br><br><b>10am:</b> Women's fitness walk. Lyrebird Trail. Kallista. Parks Vic. <a href="#">Click here</a> | <b>2 - 3pm:</b> Coldstream Pumptrack Joyride BMX demo and coaching. 8+yrs. <a href="#">Click Here</a> | <b>8am Sat:</b> ParkRun - Lillydale Lake, Birdslan, Maroondah Dam<br><br><b>7pm Sat:</b> Accessible Disco for people 18+ with a disability. Japara House. <a href="#">Click here</a><br><br><b>10am Sun:</b> Sherbrooke Forest Bushwalk. Parks Vic. <a href="#">Click here</a> |
| Evening |   | <b>6.45pm:</b> No Lights No Lycra Silent Disco. Chirnside Park. <a href="#">Click here</a>   | <b>6pm:</b> Run Club. The Running Co Lillydale. All welcome  | <b>5.30pm:</b> Women's Walk Lillydale Lake<br><br><b>6.30pm:</b> Social Tennis Fast 4. 15+ yrs Ferntree Gully   |   |  |

## April 14th - 20th (Week 2 School Holidays)

|         | Monday 14th   | Tuesday 15th  | Wednesday 16th   | Thursday 17th                             | Friday 18th<br>GOOD FRIDAY<br>Public Holiday   | Saturday 19th<br>Sunday 20th                                       |
|---------|---|---|--|---|--|--|
| Day     | <b>9.30am:</b> Pickle Ball, Yarra Centre. All Ages.<br><br><b>11am:</b> Boxing, Monbulk Aquatic Centre, Teen Boys.<br><br><b>1.30pm:</b> Pottery session. ECOSS. For children over 8. <a href="#">Click Here.</a> | <b>9.30am:</b> Women's Walking group. Mooroolbark<br><br><b>10am:</b> MotherRunner Mt Evelyn<br><br><b>11am:</b> Soccer, Monbulk Aquatic Centre. Ages 6-12. | <b>9am:</b> Heart Foundation Walk, Yarra Centre.<br><br><b>10am:</b> Yarra Junction Library Dance Storytime.<br><br><b>10.30am:</b> Healesville Library Storytime. Aerobics4Kids.<br><br><b>10am:</b> Gardening Club Japara House.<br><br><b>12.30pm:</b> Heart Foundation Walk at Rhododendron Gardens, Olinda. |   | Enjoy a walk along the beautiful Yarra Ranges Trails, have a picnic in the park, or spend some time in the garden. | <b>8am Sat:</b> ParkRun - Lillydale Lake, Birdslans, Maroondah Dam |
| Evening |   | <b>6.45pm:</b> No Lights No Lycra. Chirnside Park. <a href="#">Click here</a>   | <b>6pm:</b> Run Club. The Running Co Lillydale. All welcome  | <b>5.30pm:</b> Womens Walk Lillydale Lake |  |  |

## April 21st - 22nd

|         | Monday 21st<br>EASTER MONDAY<br>Public Holiday                                      | Tuesday 22nd   | Wednesday 23rd  | Thursday 24th  | Friday 25th<br>ANZAC DAY<br>Public Holiday   | Saturday 26th<br>Sunday 27th   |
|---------|---|--|---|--|--|--|
| Day     | Try out a free activity online with Get Active Victoria. <a href="#">Click here</a> | <b>9.30am:</b> Women's Walking group. Mooroolbark<br><br><b>10am:</b> MotherRunner Mt Evelyn<br><br><b>11am:</b> Womens' Walking Group Mt Evelyn Reading Room<br><br><b>11am:</b> Soccer, Monbulk Aquatic Centre, Ages 5-12.<br><br><b>12.15pm:</b> Tai Chi, Yarra Centre. | <b>9.45am:</b> Pathways for Carers Walk. Healesville.<br><br><b>10am:</b> Gardening Club Japara House. All welcome<br><br><b>11.00am:</b> Women's Walking group. Olinda Community House<br><br><b>11.15am:</b> Women's Walking group. Selby Community House | <b>9.30am:</b> Women's Walking group. Lillydale Community House<br><br><b>10am:</b> Lillydale Library Active April Storytime.<br><br><b>10am:</b> Women's fitness walk. Lyrebird Trail. Kallista. Parks Vic <a href="#">Click here</a> | Enjoy a walk along the beautiful Yarra Ranges Trails, have a picnic in the park, or spend some time in the garden. | <b>8am Sat:</b> ParkRun - Lillydale Lake, Birdslans, Maroondah Dam<br><br><b>10am:</b> Sunday. Sherbrooke Forest Bushwalk. Parks Vic. <a href="#">Click here</a> |
| Evening |   | <b>6.45pm:</b> No Lights No Lycra. Chirnside Park. <a href="#">Click here</a>  | <b>6pm:</b> Run Club. The Running Co. All welcome. Lillydale  | <b>5.30pm:</b> Women's Walk Lillydale Lake   |  |  |