

Get Active Yarra Ranges

**Your guide to free and low cost
active recreation opportunities**

Term 2, 2024

Where to find:
walking groups,
popular trails, public
art, gardens, gym,
neighbourhood house
activities, green spaces
and more!



Contents

Use this handy guide to find out what's on in Term 2, 2024 in the Urban, Hills, Valley and Upper Yarra regions.

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The Active Recreation resource in the Yarra Ranges has been created by Inspiro Health and Eastern Health Health Promotion teams.

We respectfully acknowledge the traditional custodians of the land across the Yarra Ranges, the Wurundjeri People of the Kulin Nation. We pay respects to Wurundjeri Elders past, present and emerging.

Active Recreation

Staying active is important for our physical and mental health. Read more about the benefits of exercise and some simple tips to get more movement into your day.



What is Active Recreation

Active Recreation includes participating in non-structured, flexible physical activity such as walking, jogging, bike riding or visiting the park rather than playing traditional sports.

The great thing about Active Recreation is that it can be done whenever and wherever someone chooses. It doesn't require a specific uniform and generally doesn't involve a fee, helping more people be active in ways and times that suit them.

Benefits

Participating in Active Recreation has a wide range of benefits. Along with the physical benefits like increased cardiovascular (heart) fitness, increased balance and better control over diabetes, taking part in active recreation is great for mental health and social connection and can also help reduce our carbon footprint.

Tips to get more activity into your day

Some suggestions to include walking into your daily routine include:

- Walk or ride rather than drive to the local shops.
- Walk, ride or scooter with the kids to school.
- Walk to catch public transport or when using public transport, get off at the stop before your regular destination and walk the remainder.
- Have a 'dance off' with friends.
- Make a family outing and explore a new park, playground or different neighbourhood.
- Take the stairs instead of the lift/escalator.
- Schedule a walking meeting with colleagues.
- Join a club: walking group, run club, bird watching, community garden group.
- Find your local outdoor gym and try the exercise routine.

Current Campaigns and Special Events

Active April

A month dedicated to helping you find more ways to be active in the Yarra Ranges.

- Walking events, pop-up volleyball, library storytime, run club, free passes to a gym session/activity, treasure hunt activities and loads more.
- Free events
- Find out more on the Inspiro webpage for more information. www.inspiro.org.au
- Program delivered by Inspiro, Eastern Health, Belgravia Leisure, Yarra Ranges Council and Reclink.

- **Active April Volleyball**
 - Wednesday 3rd April. 2pm - 3pm. Lillydale Lake Beach
 - Wednesday 10th April 2pm - 3pm. Yarra Centre. Yarra Junction
- **Active April Soccer**
 - Wednesday 10th April. 10am - 11am. Monbulk Aquatic Centre
- **Active April Storytime**
 - Monday 22nd April. 10am. Yarra Junction Library.
 - Friday 26th April. 10am. Mooroolbark Library.

The logo for 'Active April' features the word 'Active' in a bold, black, sans-serif font, followed by 'April' in a larger, bold, black, sans-serif font. The letter 'i' in 'April' is stylized with a yellow dot and a yellow shadow, and the letter 'l' has a yellow shadow.

All Abilities Netball

All Abilities Netball provides the chance for people with a physical or intellectual disability of any age to participate directly or indirectly in local clubs and associations.

- Dates: Fridays: 5/4, 19/4, 3/5, 17/5 & 31/5
- Time: 4:00 to 4:45 pm(Activities Session) 4:45 to 5:30 pm(Game Play Session)
- Location: Kilsyth Basketball Stadium. 123 Liverpool Road, Kilsyth
- Cost: Free
- What to Bring: Please wear comfortable clothing and runners. Water bottle if required
- More Info: www.montrosenetballclub.com or Julie McDonald (0407 056 024)

Dance Party. All Abilities Disco

- Dates: 6th April, 1st June, 3rd August, 5th October
- Time: 7pm - 8.30pm
- Location: Japara House. 54 Durham Rd. Kilsyth
- Cost: \$15 admission for 1 - 5 dates. Support workers/carers free
- Info: Robyn: engagement@japarahouse.com.au

Current Campaigns continued

School Holiday Night Bush Walk

- Suitable for kids 4 - 12
- Date: Tuesday 2nd April
- Time: 7.30pm - 8.30pm
- Location: Wray Cres. Mt Evelyn
- Cost: Free
- Book: www.trybooking.com/CPWAO

Storytime and Planting Workshop

- Kids 5- 12 years
- Date: Friday 12th April
- Time: 10.30am - 11.30am
- Location: Meet at Mooroolbark Library and walk across to the Community Garden
- Cost: Free. Bookings Required

Teddy Bear Picnic

- Date: Saturday April 13th
- Time: 11.30 - 2pm
- Location: Japara House. Kilsyth
- Cost: Free
- No booking required

ReLink Online Sessions at Your Library Yarra Junction

- Date: Starting Friday 7th June for 6 weeks - last class Friday 12th July
- Time: 9.30am
- Class: Tai Chi with Phil
- Cost: Free
- Info: Contact Judy 9800 6443

Men's Health Week Tai Chi and social chat.

- Date: Thursday 13th June
- Time: 12pm - 12.30pm
- Japara House: Kilsyth
- Bookings required. Contact (03) 9728 3587
- Book: www.socialplanet.com.au/activity/view?id=21804



Urban

Explore your local area from Chirnside Park to Lilydale and Mount Evelyn



Local programs

Inspiro Heart Foundation Step and Connect Walking Groups.

- Thursday 9.30am from the Lilydale Neighbourhood House. Free
- Thursday 5.30pm from Lillydale Lake. Free
- **NEW WALK** Tuesday 9.30am from Shop 16, The Terrace, Mooroolbark. Free **Starting 9th April**

Pathways for Carers Walk. Mount Evelyn

- Meet at the Mt Evelyn Community House. 50 Wray Cres. Mt Evelyn.
- 1st Thursday of the month. Time: 9.30am. Free

The Running Company Lilydale Run Club

- Meet at The Running Company Lilydale. 242 Main St Lilydale. 6pm Start. EVERY WEDNESDAY.
- Free. Fully coached session. Designed for all ages and abilities.

Mooroolbark Library

Free Outdoor Tai Chi with Japara House. Thursday 4th April. 11am - 12pm

Registration required. <https://www.yourlibrary.com.au>

Park Run

Parkrun is a **free** community 5-kilometre event for walkers, runners and volunteers that takes place every Saturday morning. You only need to register once and you can join any Park Run in Australia.

- Join the Lillydale Lake Parkrun on Saturday mornings at 8am.
- Register: <https://www.parkrun.com.au/lillydalelake/>

Neighbourhood House Physical Activities

Lilydale Community House

- Qi Gong and Tai Chi. Mon 6.30pm - 8pm. 15th April to 24th June \$15 pay on the night.
- Exercise for Older Adults. Frid 11am - 11.45am. 19th April - 28th June \$110 for 11 weeks. \$10/session. 2 sessions during school holidays also available April 5th and 12th.

Mt Evelyn Community House

- Chair Yoga. Thurs 30th May - 27th June. 2.15 - 3.15pm. \$95 for 5 sessions
- Movers and Groovers. Mon 10am - 10.45am. 15th April - 24th June. \$130 for 10 sessions
- Dru Yoga. Mon 6pm - 7.15pm.
- Dru Yoga Mon 7.30pm - 8.45pm.
- Baby Moovers and Groovers. Monday 11.15 - 11.45am. 15th April - 24th June. \$100 for 10

Urban

Chirnside Park Cire

- Fit 4 Life 55+. Friday 10am - 10.30am. Phone 1300 835 235. Fee \$7 per session
- Social Line Dancing. Tuesdays 6pm - 7pm. Fortnightly from 16th April. \$7 per session
- Martial Arts. Monday and Wed. 4.30pm - 6.30pm. Contact Ryan 0419 942 227
- AYB Fitness for older adults. Wed 11.45am - 12.30pm. Contact Abi 0437 500 077. \$10 per class

Kilsyth Japara Neighbourhood House

- Japara Walking Group. Friday 9am - 1pm. Gold coin donation.
- Dru Yoga. Monday 9.15 - 10.30am. 5th Feb - 26th March. \$123. 7 sessions.
- Dru Yoga. Tuesday 7pm - 8.15pm. 6th Feb - 26th March. \$140. 8 sessions.
- Tai Chi Beginners. Thursday 11am - 12pm. 8th Feb - 28th March. \$120. 8 sessions.
- Intermediate Tai Chi. Tuesday 2.30pm - 3.30pm. 6th Feb - 26th March. \$120. 8 sessions.

Public Art and Murals

Lots of public art across the Urban areas.

- Lilydale: Bour-deet in Poyner Reserve, the Suburban Bubble in Lions Park, Lilydale mural on Clarke St and Millkulture at the Museum
- Mooroolbark: Mooroolbark Library Mural

Popular walking and bike trails

There are so many beautiful trails around the urban area.

- Explore the 3km accessible Lillydale Lake, or the longer Lillydale Lake and Hull Rd Wetlands walk.
- The Warburton Rail Trail and Yarra Valley Rail Trail also start from Lilydale and are perfect to explore on foot or bike. While the Carrum to Warburton Bike Trail cuts through Lilydale via the Lillydale Lake.
- Kimberly Reserve in Chirnside Park is also a nice little trail.
- For more ideas on walking trails visit <https://walkingmaps.com.au>

Parks, Playgrounds and Family Friendly

- **Hookey Park** in Mooroolbark, **Morrison Reserve** in Mt Evelyn, **Lillydale Lake** and **Melba Park** in Lilydale all have great playgrounds for families.
- Lillydale Lake also has a great Splash play area for kids and Liberty Swing

Outdoor fitness equipment can be found at :

- Lillydale Lake, Gateway Reserve, Kimberly Reserve, Wandana Reserve, Elizabeth Bridge in Mooroolbark.

Urban

Accessible Active Recreation

- Join in the Pathways for Carer's Walk in Mt Evelyn. Details under Local Programs.
- Lillydale Lake hosts a Liberty swing and Changing Places toilet facility. MLAK required.
- Local accessible trails include:
 - Lillydale Lake
 - Brushy Creek Trail. Mooroolbark to Ringwood
 - Cambridge Road Trail. Mooroolbark
 - Green Spine Shared Path. Chirnside Park
 - Lilydale to Warburton Rail Trail. Lilydale
 - Swansea Rd Shared Path. York Rd to Leith Rd Montrose

Accessible sports

- All Abilities Netball. Pinks Reserve. Kilsyth. montrosenetballclub@gmail.com
- All Abilities Tennis. Kingswood Drive. Chirnside Park. sport@chirnsideparkcc.com.au
- COTA Living Longer Stronger. 446 Maroondah Hwy. Lilydale. lilydalereception@genesisfitness.com.au
- Croydon Tennis Table Association. Liverpool Rd. Kilsyth. kara@tabletennis.org.au
- All Abilities Golf. Liverpool Rd. Kilsyth Sth. lukebower@gmail.com

Community Gardens

Spending time in a community Garden is also great active recreation. Find your local urban gardens here:

- Lilydale Community Garden. Outside Bunnings. Main St
- Mooroolbark Community Garden. Charles St Mooroolbark
- Japara House - coming soon

U3A Yarra Ranges Program

For program enquiries, please contact Michele 0438 528 809 or programmanager@u3ayarraranges.com.au

- Monday:
 - Bike Ride. 9.30 - 11.30. Various locations . Contact Paul 9726 7719
- Tuesday:
 - Walking Group. 9am - 3pm. Various locations. Contact John 0403 490 308
 - Intermediate Ballet 9.30am - 10.30am. Montrose Public Hall. Annette: 0415 940 665
 - Beginner Ballet 10.30am - 11.30am. Montrose Public Hall. Annette: 0415 940 665
- Wednesday:
 - Walking Group. 9am - 3pm. Various locations. John 0403 490 308
 - Table Tennis. 9m - 11.30am. Coldstream. Contact Susan 0421 013 290
- Thursday
 - Walking Group. 9.15am - 12noon. Various locations. Paul 9726 7719
 - Yoga. 1pm - 2pm. Annexe. Contact Avril: 0416 101 593
- Friday
 - Chair Exercises 10.00am - 11.30am. Court House Lilydale. Moira 0409 385 465

Hills

Explore your local area across the Dandenong Ranges to Monbulk.



Monbulk Aquatic and Leisure Centre low cost activities

Check out some of the low cost or free physical activity opportunities at MAC

- Heart Foundation Walking. Tuesday 11. Free but registration required.
- Move to Improve Mon/Tue/Thurs 1.30pm \$7.60 and afternoon tea
- Outdoor Tai Chi. Mon 5pm. Friday 10.45am. \$11.90 Con. \$17 Adult
- Senior Spin Class. Fri 10.50am. \$11.90 Con. \$17 Adult
- Wonder Woman. Wed/Fri 7.30am. \$11.90 Con. \$17 Adult
- Mums and Bubs. Mon 8am. Wed/Thur 12.30pm. \$11.90 Con. \$17 Adult
- Carers Friday: Carers welcome to come in for free anytime on Fridays
- Childcare: Session 1: 9-10.20am. Session 2: 10.10- 11.20am. \$6.25 members. \$7 casual

Take Charge Program

- Referrals from medical and allied health professionals.
- Free 60 day mental health and wellbeing program. Contact Ruby for more details: rsoutham@belgravialeisure.com.au

Neighbourhood House Physical Activities

Olinda Neighbourhood House

- Panda Jam Dance. Community Games and Dance. Sundays 3pm - 5pm. 21st April, 5th May, 19th May, 2nd June.
- Tai Chi. Beginners 5pm - 6pm. Advanced 6pm - 7pm. Wed 1st May - 19 June. 8 weeks. \$112
- Yoga. Monday 7.15pm - 8.15pm. 29th April - 17th May 8 weeks. \$144
- Dance for kids. Enrol: www.fortheloveofdance.com.au
 - ACRO. Monday 1.30pm - 2pm. 29th April - 17th June. 8 weeks. \$80. \$15 casual.
 - Junior Dance Club. Mon 2pm - 2.45pm. 29th April - 17th June 8 weeks. \$136. \$15 casual
- Dance for Adults. Enrol www.fortheloveofdance.com.au
 - Ballroom & Latin Beginners. Thurs 7pm - 7.45pm. 2nd May - 20th June. \$136. \$20 casual
 - Burlesque Beginners. Thurs 8pm - 8.45pm. 2nd May - 20th June. \$136. \$20 casual
- Mixed Badminton. Mon 7pm - 9pm. Lee 0413 098 359
- Men's Social Badminton. Wed 8pm - 10pm. Mark 0414 528 301

Selby Community House

- Hatha Yoga. Monday 7pm - 8.15pm. 15th April - 24th June. \$150. Bookings essential
- Hatha Yoga. Thurs 7pm - 8pm. 18th April - 27th June. \$150. Bookings essential
- Stretch and Stengthen. Wed 10am - 11am. 17th April - 26th June. \$165. Bookings essential.
- Pilates. Wed 5pm - 5.45pm. 6th May - 17th June. \$140. Bookings essential

Hills

Parkrun

Parkrun is a free community 5-kilometre event for walkers, runners and volunteers that takes place every Saturday morning. You only need to register once and you can join any Park Run in Australia.

- Join the [Parkrun at Birdsland Reserve](#) every Sat at 8am.

Belgrave Library

- Yoga. Friday 9.30am - 10.30am. Contact Jo: 98006489

Popular walking and bike trails

The Hills region is spoiled for choice for beautiful trails. With so many, it's hard to narrow down to a handful, so please check out the link from Walking Maps for more details on walks in the Dandenongs [here](#).

A list of our favourites

- Art Gallery Trail from Belgrave to Kalorama
- Birdlands Walk
- Belgrave to Upper Ferntree Gully Rail Trail
- Emerald Lake Park walk
- Olinda Falls
- Pirianda Gardens
- Mathias Track and Old Olinda Golf Course
- Sherbrooke Falls Look Belgrave
- Dandenong Ranges Botanic Garden Walk
- Alfred Nicholas Memorial Garden Walk
- Doongalla Homestead Walk. The Basin
- 1000 Steps Kokoda Memorial Walk. Upper Ferntree Gully

Parks, Playgrounds and Family Friendly

So many great green places and spaces to enjoy. If we've missed your favourite, let us know.

- Olinda Playspace. Olinda Golf course playground. More info: [here](#)
- Belgrave Lake Park
- Sherbrooke Forest
- Grants Picnic Grounds
- Sky High Mount Dandenong. Sit in the Giant's chair.
- Emerald Lake
- Lysterfield Lake
- Silvan Lookout Kalorama
- Puffing Billy Trestle Bridge Selby

Hills

Outdoor Fitness Equipment

You can find your Outdoor Fitness Equipment in the following Reserves:

- Thompson Reserve. Upwey
- Belgrave Lake Park. Belgrave
- Monbulk Reserve. Monbulk

Accessible Activities

For an accessible trail try:

- Birdsland Lake Circuit, Tecoma
- Track type: gravel. Length: 2.6km. Rating: easy

TrailRider wheelchair: The TrailRider allows visitors to access more rugged walking trails not otherwise accessible with conventional wheelchairs. Available to hire from:

- Grants Picnic Area. Sherbrooke. Dandenong Ranges on (03) 9755 2888

Community Gardens

Come and spend some time in the garden and meet some new people at:

- Belgrave Community Garden. 1624 Burwood Hwy. Belgrave
- Flame Community Garden. Tecoma Church. Burwood Hwy.
- Tecoma Community Garden. 5 Campbell St. Tecoma.
- Selby Community Garden. Selby Community House

Public Gardens

- Cloudehill Garden
- Alfred Nicholas Garden - Sherbrooke
- George Tindale Garden- Sherbrooke
- Pirianda Garden - Olinda
- Dandenong Ranges Botanic Garden- Olinda
- Karwarra Garden - Kalorama

Public Art

- Lessons from the Forest Floor. Belgrave
- Sassafras Art Walk
- Mandy Nicholson Water Tank Painting. Kalorama



Upper Yarra

Explore your local area from Seville to Warburton



Neighbourhood House Physical Activities

Woori Community House

- Dru Yoga. Thursday 1pm - 2.30pm. 18th April - 20th June. (no class 25th April) \$148.50 for members
- Dru Yoga. Thursday 6pm - 7.30pm. 18th April - 20th June. (no class 25th April) \$148.50 for members

Seville Community House

- Happy Feet Walking Group. Tues 10am. Meet Seville Train Station. Bookings required. Free
- Pilates. Wed 6.30pm - 7.30pm. Start 3rd April. \$20 per class

Cire - Yarra Junction

- Wellbeing Walkers. Tuesdays 2pm - 3.30pm. Gold coin donation.

Yarra Centre low cost activities

Try a range of free or low cost activities at Yarra Centre

- Heart Foundation Walking. Wed 9am. Yarra Centre Walking Group. Free
- **Pickleball**. Wednesday. 9.30am - 11.30am. 6.45pm - 8.45pm. \$7.20. Members Free
- **Walking netball**. Wed 7pm. \$5 per session. Rock up style.
- Keenagers Table Tennis. Tues/Fri 8am-11am. Cost: \$3.70
- Pickleball. Wed 9.30-11.30. Cost \$7.20
- Goldies Aqua. Mon/Wed/Fri 8am. Cost \$5.70
- Active Adults Strong. Mon/Wed/Fri. \$7.50
- Grooving Aqua. 11.15am Tues \$7.50
- Grooving Chair. 12.15pm Thursdays \$7.50
- Tai Chi. 1pm Wed. \$7.50
- Casual Shooting (Basketball Stadium) \$2
- Childcare. Mon - Fri. 9am - 12pm. \$5/hr
- Talking Cafe. Thursday 11.15am - 12.15pm

Outdoor Fitness equipment

You can also find two outdoor fitness stations:

- Warburton Play and Recreation Precinct
- Yarra Glen Showgrounds.

Upper Yarra

Popular walking and bike trails

Explore the beauty of the Upper Yarra with the Warburton Rail Trail and the California Redwood Forest walk. Now those trees are giants.

- California Redwood Forest. Warburton
- Ada Tree Rainforest Walk
- LaLa Falls (walking)
- O'Shannessy Aqueduct Trail (walk, run, cycle)
- Warburton Rail Trail
- Warburton Mountain Bike Trail
- Wesburn Park Pump Track. 2804 Warburton Highway, Wesburn

Yarra Junction Library

- Chair Yoga with Bree: Wed 22nd May. 11am-12p. Free

Public Art

- Water tank Indigenous art by Fiona Clarke. McMahons Creek.
- Historical Murals of Warburton: Behind the Waterwheel Visitor Info Centre
- Great steps of Warburton: Front of the Information Centre

Parks, Playgrounds and Family Friendly

Pack your picnic blanket and enjoy some glorious local parks

- Seville Recreation Reserve (water play park, ovals etc.)
- Warburton Recreation Reserve (organised sport, walking track)
- Wesburn Park (trails, dog park, play space, basketball court etc.)
- Yarra Junction Community Playground & Skate Park

Community Gardens

There are two community gardens to enjoy in the Upper Yarra.

- Warburton Community Garden. 3392 Warburton Hwy, Warburton
- Yarra Valley ECOSS Community Garden: 711 Old Warburton Rd, Wesburn



Valley

Explore your local area from
Coldstream to Healesville



Local programs

Yarra Glen Community Walking Group

- Meet at the Yarra Glen Memorial Hall car park. Friday 8.15 for an 8.30 start.

Neighbourhood House Physical Activities

Yarra Glen & District Living & Learning Centre

Annual membership (AM) \$15

- **Community Garden Group** Monthly. 1st Monday. 9.30am. Starting 6th May
- **Qigong**. 4 week workshop. Tuesday 21st May - 11 June. 10am - 11am \$48 members
- Fitness Friday. 19th April - 28th June. 9.30am - 10.30am. 11 sessions. \$154 + AM
- Meditation. Wed 24th April - 12 June. 10.15am - 11am. 8 Sessions. \$96 members. \$120 non member
- Moove and Groove. 18th April - 27th June. Thurs. 9.30am - 10.30am. 10 sessions. \$140 + AM
- Music, Movement and Mirth.
 - Friday 9.30 - 10.30am. 9 sessions. \$90 + AM
 - Friday 11am - 12noon (excluding 26th April) 9 sessions. \$90 + AM
- Strength and Balance. CLASS FULL
- Pilates. Tuesday 16th April - 25th June .8.30am - 9.30am. 11 sessions. \$154+ AM
- Pilates. Thursday 18th April.- 27th June 8.30am - 9.30am. 10 sessions. \$140 + AM
- Vinyasa Yoga. Tuesday 23rd April- 25th June . 11.15am - 12.15pm. 10 sessions. \$140 + AM

Healesville Living & Learning Centre

- Pathways for Carers walk. Meet at the Beechworth Bakery Healesville. 4th Wed of the month. 9.45am
- Chair Yoga. Tuesday 10am - 11.30am
- Yoga. Monday 6pm - 7.30pm
- Yoga. Wed 10am - 11.30

Healesville Library

- Chair Yoga with Healesville Connect. Monday 15th April and 13th May. 12 - 1pm. Contact Anne 0417 634 093
- Wayapa for Wellbeing. Thursday 18th April, 2nd May, 16 May, 30 May. 5.30pm. Free

Parkrun

Parkrun is a free community 5-kilometre event for walkers, runners and volunteers that takes place every Saturday morning. Join the brand new Parkrun at Maroondah Dam every Sat at 8am

Valley

Popular walking and bike trails

Grab your sneakers and your drink bottle and head out for a walk on one of the Valley's picturesque walks.

- Maroondah Park Reservoir. Healesville
- Maroondah Dam
- Wirrawilla Rainforest Walk. Toolangi
- Badger Weir Walk. Badger Creek

Parks, Playgrounds and Family Friendly

Enjoy some of the beautiful public parks in the Valley. Take a footy for a kick, or just enjoy the greenery. There's something for everyone.

- Queens Park (playground, BMX track, oval and skate park)
- Roma Reserve (play space and half basketball court)
- Upper Yarra Reservoir (play, walking trails and basketball court)
- Don Road Sporting Complex (bike paths, outdoor fitness equipment, tennis courts and more)
- Everard Park. Healesville (canoe & fishing access)

Outdoor Fitness equipment

There is one **outdoor fitness equipment** location at Don Road in Healesville

Pump Track

Coldstream Pumptrack: 1A Coldstream West Road, Coldstream

Accessible Activities

- Pathways for Carers walk
 - Meet at the Beechworth Bakery Healesville. 4th Wed of the month. 9.45am
- Queens Park. Don Road, Healesville

Community Gardens

- Yarra Glen Living and Learning Centre. Community Garden Group Monthly. 1st Monday. 9.30am
- Healesville Community Garden. 95 River St, Healesville

Contact Ethne for more information or with questions at ethnepfeiffer@bigpond.com

Public Art

- I Belong. Queens Park Healesville. Artist: Clare James
- Water Tank Art. Spadonis Reserve. Yering. Artist: Ky-ya Ward
- Water Tank Art: Leadbeater Possum. 1717 Healesville-Kinglake Rd. Toolangi. Artist Tim Bowtell.

Yarra Ranges Council Active Recreation Infrastructure upgrades

Keep an eye out for all the new upgrades to your local parks, walking trails, bike routes, dog parks and more.

Coming up in 2024

Walking and Cycling Trail Upgrades

- Brushy Creek Trail (Mooroolbark/Kilsyth)
- Yarra Valley Trail Stage 1b (Out to Yarra Glen)
- Belgrave Rail Trail - upgrades to road crossings and signage improvements

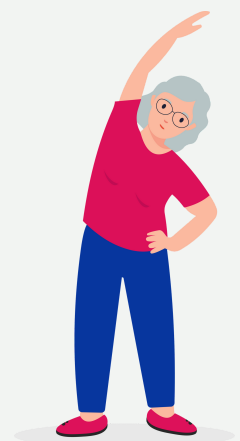
Playspace Upgrades

- Queen Road, Lilydale
- Bluegum Drive, Badger Creek
- Wright Avenue, Upwey
- Chirnside Urban Park Playspace

Bike Parks

In addition to recently constructed Pump Tracks in Coldstream and Wesburn, we have just commenced design work for the development of a significant bike park at Morrisons Reserve in Mount Evelyn.

It is anticipated that construction will occur from late 2024 and be completed in mid-2025. Morrisons Reserve will also benefit from a playspace upgrade and the addition of a public toilet. These projects are all identified in the Morrisons Reserve Masterplan



More ideas

Other free ideas to help you move more



Physical Activity

Get Active Victoria and Reclink Connect have a range of free online activities and classes to try in the comfort of your home

- Get Active Victoria
 - www.getactive.vic.gov.au
- Reclink Connect
 - www.reclink.org
- Access for All Abilities
 - www.aaaplay.org.au
- Heart Foundation Walks
 - www.walking.heartfoundation.org.au
 - Find a walking group in your area
 - Free 6 week personal walking plan
- Ladybird walks
 - Facebook: <https://www.facebook.com/groups/1847046435586115/>

Social Connection

- Living Our Best Life Talking Cafe.
 - Monday:
 - 2pm - 3pm. Ducky Cafe 579 Warburton Hwy Seville.
 - Wednesday:
 - 2pm - 3pm. Monty's Cafe. Lilydale
 - Thursday:
 - 11.15am - 12.15pm. Whistle Stop Cafe. Yarra Centre. 2435 Warburton Hwy, Yarra Junction
 - 2pm - 3pm. Willow and Jackson. 177 Maroondah Hwy. Healseville.
 - Contact Gary at gary@chaosnetwork.org.au or livingourbestlifeproject@gmail.com
- Care Connect
 - Contact Gianna on 0439 269 936 or glucchinelli@careconnect.org.au
www.careconnect.org.au