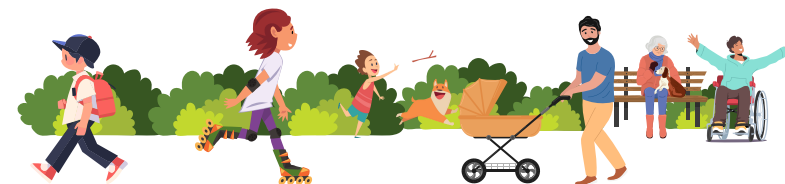


# Event Calendar



## Week 1: April 1st - 7th

	Monday 1st Easter Monday	Tuesday 2nd	Wed 3rd	Thursday 4th	Friday 5th	Saturday 6th Sunday 7th
Early Morning					<b>6am – 5pm:</b> Feel good Friday for carers. (MAC) <b>6am – 9pm:</b> Feel good Friday for carers. (YC)	<b>8am Sat:</b> ParkRun - Lillydale Lake, Birdlands, Maroondah Dam
Morning		<b>11am:</b> Heart Foundation Walk (HF). Monbulk Aquatic Centre (MAC)	<b>9am:</b> HF Walk. Yarra Centre (YC) <b>9.30 – 11.30am:</b> Pickleball at (YC)	<b>9.30am:</b> Pathways for Carers : Mt Evelyn <b>9.30am:</b> HF Walk. Lillydale Community House		
Afternoon			<b>2pm:</b> Beach volleyball. Lillydale Lake (youth)			
Evening			<b>6pm:</b> Run Club. The Running Co. Lillydale <b>7pm:</b> Walking Netball (YC)	<b>5.30pm:</b> HF Walk Lillydale Lake		
Online		<b>9.45am:</b> Zumba with Claire <b>10.30am:</b> Chair Yoga with Claire	<b>10am:</b> Salsation with Alfredo <b>10.45am:</b> Tai Chi with Phil.	<b>11.15am:</b> Chair Yoga with Elizabeth	<b>9am:</b> Gentle Exercise with Claire. <b>10am:</b> Tai Chi with Phil.	

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- Pathways for Carers: [www.facebook.com/pathwaysforcarers/](http://www.facebook.com/pathwaysforcarers/)
- Parkrun: <https://www.parkrun.com.au>
- Monbulk Aquatic Centre (MAC) Ph **03 9756 8000**
- Yarra Centre (YC) Ph **03 5967 1675**

# Event Calendar



## Week 2: April 8th - 14th

	Monday 8th	Tuesday 9th	Wed 10th	Thursday 11th	Friday 12th	Saturday 13th Sunday 14th
Early Morning					<b>6am – 5pm:</b> Feel good Friday for carers. (MAC) <b>6am – 9pm:</b> Feel good Friday for carers. (YC)	<b>8am Sat:</b> ParkRun - Lillydale Lake, Birdlands, Maroondah Dam
Morning		<b>9.30am:</b> Walk. Shop 16 Mooroolbark <b>11am:</b> Walk. (MAC)	<b>9am:</b> HF Walk. Yarra Centre (YC) <b>10- 11am:</b> Soccer Clinic. (MAC)	<b>9.30am:</b> Walk. Lilydale Community House		
Afternoon			<b>2pm:</b> Indoor Volleyball. (YC) (youth)			
Evening			<b>6pm:</b> Run Club. The Running Co. Lilydale <b>7pm:</b> Walking Netball (YC)	<b>5.30pm:</b> Walk Lillydale Lake		
Online	<b>9.00am:</b> Qigong with Phil <b>10.30am:</b> DanceFit with Sophie <b>1.30pm:</b> Pilates	<b>9.45am:</b> Zumba with Claire <b>10.30am:</b> Chair Yoga with Claire	<b>10am:</b> Salsation with Alfredo <b>10.45am:</b> Tai Chi with Phil.	<b>11.15am:</b> Chair Yoga with Elizabeth	<b>9am:</b> Gentle Exercise with Claire. <b>10am:</b> Tai Chi with Phil.	

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- Parks Vic Eventbrite : [www.eventbrite.com.au/o/parks-victoria-park-walks-17090208863](http://www.eventbrite.com.au/o/parks-victoria-park-walks-17090208863)
- Parkrun: <https://www.parkrun.com.au>
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# Event Calendar



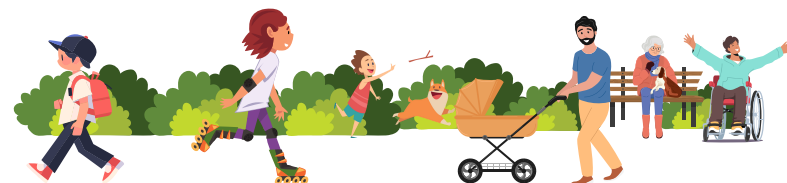
## Week 3: April 15th - 21st

	Monday 15th	Tuesday 16th	Wed 17th	Thursday 18th	Friday 19th	Saturday 20th Sunday 21st
Early Morning					<b>6am – 5pm:</b> Feel good Friday for carers. (MAC) <b>6am – 9pm:</b> Feel good Friday for carers. (YC)	<b>8am:</b> ParkRun - Lillydale Lake, Birdlands, Maroondah Dam
Morning		<b>9.30am:</b> Walk Shop 16 Mooroolbark  <b>11am:</b> Walk. (MAC)	<b>9am:</b> Walk. Yarra Centre (YC) <b>9.30am:</b> Pickleball (YC)	<b>9.30am:</b> Walk. Lilydale Community House		
Afternoon						
Evening			<b>6pm:</b> Run Club. The Running Co. Lilydale <b>7pm:</b> Walking Netball (YC)	<b>5.30pm:</b> Walk Lillydale Lake		
Online	<b>9.00am:</b> Qigong <b>10.30am:</b> DanceFit with Sophie <b>1.30pm:</b> Pilates	<b>9.45am:</b> Zumba with Claire <b>10.30am:</b> Chair Yoga with Claire	<b>10am:</b> Salsation with Alfredo <b>10.45am:</b> Tai Chi with Phil.	<b>11.15am:</b> Chair Yoga with Elizabeth	<b>9am:</b> Gentle Exercise with Claire. <b>10am:</b> Tai Chi with Phil.	

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# Event Calendar



## Week 4: April 22nd - 28th

	Monday 22nd	Tuesday 23rd	Wed 24th	Thursday 25th Anzac Day	Friday 26th	Saturday 27th Sunday 28th
Early Morning					6am – 5pm: Feel good Friday for carers. (MAC) 6am – 9pm: Feel good Friday for carers. (YC)	8am Sat: ParkRun - Lillydale Lake, Birdslands, Maroondah Dam
Morning	10am: Storytime 0-6yrs Yarra Junction Library	9.30am: Walk Shop 16 Mooroolbark 11am: HF Walk. (MAC)	9am: Walk. Yarra Centre (YC) 9.30am: Pathways for Carers Walk Healesville		10am: Storytime 0-6 years. Mooroolbark Library	
Afternoon						
Evening			6pm. Run Club. The Running Co. Lilydale 7pm Walking Netball (YC)			
Online	9.00am: Qigong 10.30am: DanceFit with Sophie 1.30pm: Pilates	9.45am: Zumba with Claire 10.30am: Chair Yoga with Claire	10am: Salsation with Alfredo 10.45am: Tai Chi with Phil.		9am: Gentle Exercise with Claire. 10am: Tai Chi with Phil.	

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- Pathways for Carers: [www.facebook.com/pathwaysforcarers/](http://www.facebook.com/pathwaysforcarers/)
- Parkrun: <https://www.parkrun.com.au>
- Monbulk Aquatic Centre (MAC) Ph **03 9756 8000**
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# Event Calendar



## Week 5: April 29th - 30th

	Monday 29th	Tuesday 30th
Early Morning		
Morning		<b>9.30am:</b> Walk. Shop 16 Mooroolbark <b>11am:</b> Walk. Monbulk Aquatic Centre
Afternoon		
Evening		
Online	<b>9.00am:</b> Qigong with Phil <b>10.30am:</b> DanceFit with Sophie <b>1.30pm:</b> Pilates with Jess	<b>9.45am:</b> Zumba with Claire <b>10.30am:</b> Chair Yoga with Claire

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