



Call It Out

Everyone deserves to feel safe, **respected** and **included**, on and off the field

Being an **Active Bystander** means being aware of when someone's behaviour is inappropriate or threatening and choosing to challenge it.

Chances are, if you feel uncomfortable about disrespect, someone else does too.

Anyone can be an Active Bystander

Your safety comes first. Being an Active Bystander does not involve physically intervening in a dangerous situation.

There are many ways to be an Active Bystander. Your **Call It Out** card has some safe responses to use if you or others experience disrespect to women and girls at sporting clubs.

Disrespect can include providing less **opportunities** for women or girls to participate, or lessening the **value** of women or girls' sport, making sexist jokes, using gender stereotyped language or making comments based on image or sexuality.

People are more likely to be Active Bystanders at sporting clubs if they are supported by strong **leadership**, strong **club culture** and clear **policies** that model and reinforce **equality** and **respect**.

<p>DIRECT</p> <p>Speak up or act in a direct and honest way.</p>	<p>DISTRACT</p> <p>Change the subject, physically move away.</p>
<p>DELAY</p> <p>Check in later with the person to show support.</p>	<p>DELEGATE</p> <p>Make a report. Refer to policies and procedures.</p>

